

# HYALURONIC ACID

A vegetarian dietary supplement to support joint and connective tissue functions and skin health\*



## Reccomedned To Assist In:

- Joint flexibility\*
- Optimizing synovial fluid viscosity\*
- Supporting cartilage health\*
- Promoting healthy skin\*

## Hyaluronic Acid:

Sodium Hyaluronate is a low molecular weight Hyaluronic Acid (H.A.) for utilization by the body\*

- 40 mg of H.A. per capsule
- Combined with Lecithin and Chia (Salvia hispanica) seed to enhance bioavailability\*
- Vegetarian

## About Hyaluronic Acid:

•Hyaluronic acid (H.A. or Sodium Hyaluronate) is found throughout the body. It is found most abundantly in cartilage, synovial fluid, skin and the fluid of the eye.

•H.A. acts as a cushion and lubricant in the joints and other tissues by helping to thicken synovial fluid, and may help support connective tissue structures.\*

•H.A. is a natural moisturizing agent and is essential for the structure of the extracellular matrix which keeps the skin moist and supple.\*

•H.A. acts as a space-filler in dermal layers between skin cells and produces a long-lasting skin enhancement which helps make skin soft, smooth and elastic, especially for the face and lips.\*

•H.A. nourishes and hydrates collagen which is vital to maintaining the skin's layers and structures.\*

•Hyaluronic Acid supplements may help with aging signs of skin and joints.\*

•Chia (Salvia hispanica) has been used historically (mainly by the Aztecs) to enhance the uptake of other herbals and natural components.\* It contains protein, minerals, and alpha-linolenic acid (that can be used to produce the essential omega-3 fatty acids EPA and DHA), as well as glycoproteins and glycolipids that have gel forming qualities.\*

•The gel forming properties of the Chia, in combination with soy lecithin, provide a protective coating around the H.A. molecule to support absorption.\*

•Lecithin is a phospholipid found in every cell membrane. It supports cell membrane structure and helps regulate the flow of nutrients into and out of the cell.\* In combination with chia it can form a gel that protects H.A. and supports the absorption process so it can be available where needed.

## Supplement Facts

### Serving Size: 1 Capsule Amount Per Serving

Hyaluronic Acid (Sodium Hyaluronate)	40 mg
Sunflower Lecithin	100 mg
Salvia hispanica (seed) powder	100 mg

Other ingredients: microcrystalline cellulose, vegetable cellulose (capsule), vegetarian leucine.

**Warning:** If pregnant or nursing, consult your healthcare practitioner before taking this product.

**Suggested Use:** As a dietary supplement, take 1 capsule once or twice daily or as directed by your healthcare practitioner.

**\*These statements have not been evaluated by the Food and Drug Administration.  
This product is not intended to diagnose, treat, cure or prevent any disease.**